

Olympic-Solidarity Eligible Countries

NOCs are considered eligible for Olympic Solidarity (OS) if they participated in the Tokyo 2020 Olympic Games with a delegation of 50 athletes or fewer. This eligibility criteria is set by Olympic Solidarity. The following is a list of eligible NOCs per continent:

- **Africa:** Algeria, Angola, Burundi, Benin, Botswana, Burkina Faso, Central African Republic, Congo, Chad, Ivory Coast, Cameroon, Democratic Republic of the Congo, Comoros, Cape Verde, Djibouti, Eritrea, Ethiopia, Gabon, Gambia, Guinea-Bissau, Equatorial Guinea, Ghana, Guinea, Libya, Liberia, Lesotho, Madagascar, Morocco, Malawi, Mali, Mozambique, Mauritius, Mauritania, Namibia, Niger, Rwanda, Senegal, Seychelles, Sierra Leone, Somalia, South Sudan, Sao Tome and Principe, Sudan, Eswatini, Tanzania, Togo, Uganda, Zambia and Zimbabwe
- **Americas:** Antigua & Barbuda, Aruba, Bahamas, Barbados, Bermuda, Belize, Bolivia, Cayman, Chile, Costa Rica, Dominica, Ecuador, El Salvador, Grenada, Guatemala, Guyana, Haiti, Honduras, Virgin Islands, British Virgin Islands, Saint Lucia, Nicaragua, Panama, Paraguay, Peru, Puerto Rico, Saint Kitts and Nevis, Suriname, Trinidad and Tobago, Uruguay, Venezuela and Saint Vincent and the Grenadines.
- **Asia:** Afghanistan, Bangladesh, Bhutan, Brunei Darussalam, Cambodia, Hong Kong, Indonesia, Iraq, Jordan, Kyrgyzstan, Kingdom of Saudi Arabia, Laos, Lebanon, Malaysia, Maldives, Mongolia, Myanmar, Nepal, Oman, Pakistan, Philippines, Palestine, Qatar, Singapore, Sri Lanka, Syria, Tajikistan, Thailand, Turkmenistan, Timor-Leste, United Arab Emirates, Vietnam and Yemen.
- **Europe:** Albania, Andorra, Armenia, Bosnia & Herzegovina, Bulgaria, Cyprus, Estonia, Georgia, Iceland, Kosovo, Liechtenstein, Luxembourg, Moldova, North Macedonia, Malta, Montenegro, Monaco and San Marino – *Please note, we may have some changes to this list.*
- **Oceania:** American Samoa, Cook Islands, Federated States of Micronesia, Guam, Kiribati, Marshall Islands, Nauru, Palau, Papua New Guinea, Samoa, Solomon Islands, Tonga, Tuvalu and Vanuatu.