

Understanding Para Surfing Participation from a Belongingness Perspective: A Qualitative Study

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Introduction

A sense of belongingness and social connectedness are vital for the health and well-being of humankind.

Results

157 para surfers classified
Participants (n=50) met inclusion criteria, consented, and completed interviews.

Discussion

doing, being, becoming, belonging



"I love it, I love the people, it's a wonderful community. I think I've found a way to put a different ending on the story of my life."

Strong relationship between health and occupation

Conclusion

It is through **doing** and **being** that humans **become** what they have the capacity to be. It maybe through sport, where one can reach a state of complete physical, emotional, spiritual, and social well-being as an individual and have a sense of **belonging**.

Methods

Design: Qualitative study

Participants: Purposive Sampling
2019 & 2020

Data Collection: Audio recorded interviews

Data Analysis: Verbatim transcription, coding and categorization to uncover underlying themes

