

ISA Medical Commission

Chair:

- **Dr. Lee Rice** (USA) – 30+ years of experience as a family and sports medicine physician, accomplished medical author, extensive experience with professional sports and Olympic athletes

Members:

- **Chuck Davey** (USA) – Professional Lifeguard and Water Safety/PWC Operator
- **Dr Thierry Durantel** (FRA) – Practicing Physician, French National Surf Team Doctor
- **Linda Hart** (AUS) – Nurse; Extensive experience in mass participation sport events, Member of Surfer's Medical Association (SMA)
- **Gonzalo Saldanha** (POR) – Physiotherapist; Extensive event and surf team experience with the Portuguese National Surf Team
- **Martin Walz** (GER) – Extensive history in high performance environments such as sports, media, interdisciplinary science/engineering and emergency medicine. Head of Sports Psychology and High Performance Surf Coach for Team Germany including at Tokyo 2020 Olympic Games

THE ISA MEDICAL COMMISSION'S (MC) MISSION IS TO PROVIDE A GUIDING REFERENCE ON MATTERS RELATING TO THE PROTECTION OF THE HEALTH OF ATHLETES AND PERSONNEL

The MC advises the ISA on athletes' and personnel's health, the promotion of health and physical activity, and the protection of clean athletes. In undertaking this role, the MC considers itself to have the following key responsibilities:

1. Supervising the provision of health care and doping control services during ISA World Championships and ISA Sanctioned events.
2. Delivering evidence-based education to event organizers, personnel, athletes and their entourage.
3. Developing and promoting the adoption of ethical standards in sports science and medicine.
4. Exploring the potential of new technologies to optimize athletes' health, and preventing their potential damaging effects.
5. Promotion of health and physical activity for the whole population

What objectives do we want to achieve by having these responsibilities:

1. Ensure excellent healthcare, medical services and doping control at ISA events to athletes and personnel.
2. Better informed and educated athletes and entourage leading to effective prevention of injury and illness, better healthcare and faster recovery.
3. Strengthen good medical practice to the highest ethical standards by individuals and organizations responsible for athletes' health.
4. Effectively implement new technologies in healthcare and anti-doping.
5. Increase physical activity and improvement in health for the general population

What key strategic priority actions will be taken to achieve these Objectives:

1. ISA knowledge management
Communication with event organizers, possibly including pre-event visits and event time monitoring.
2. Increase research and surveillance
Maximize relevance and dissemination of consensus statements and publications
Focused and effective conferences/meetings and courses
3. Adoption and implementation of ISA Medical Code by all stakeholders for good medical practice and to respect medical standards.
Safeguarding athletes.
4. Establish Research expert groups to explore and disseminate new technologies in healthcare and anti-doping, and identify potential dangers and harms.
5. Improved sport and exercise medicine