Development of Evidence-based Classification for Para Surfers with Physical Impairments: A Narrative Review

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INTRODUCTION
Para surfing competitions expanding globally.
No official classification structure existed.

METHODS
Narrative Review Study Design
• Paralympic classification
• Surfing biomechanics
PubMed and Google Scholar 3 themes:
  "Paralympic classification"
  "performance determining factors in surfing"
  "impact of impairments on surf performance"

RESULTS
Paralympic classification = 30
Surf performance = 45
Impairments on surfing = 1

DISCUSSION
Progressed from identifying key movements to creating surf classes for each body position and designed the conceptual framework on athlete, sport, and equipment characteristics to guide sport development and research.

CONCLUSION
This classification structure and conceptual framework will support para surfing sport expansion and help pave the way for future inclusion into the Paralympic Games.